



**Women's Resource Medical Centers of Southern Nevada**

## **Why Should I Participate?**

When you participate in the **Race For Life**, you and your team play a key role in enabling the Women's Resource Medical Centers of Southern Nevada to provide complimentary services to the women, men and children in the Las Vegas and Henderson communities. The funds you raise make it possible for the three locations to operate.

**Race For Life** is an opportunity to fellowship with our Christian brothers and sisters and be a part of the awesome work that God is doing!

## **Why Should I Be Part of a Team?**

Teams are at the heart of what makes the **Race For Life** so successful. Churches, families, friends, youth groups and women's and men's groups build teams together and strive to reach their goals.

Competition can be fun!

Create friendly rivalry with another team to see who can raise the most money.

Team members make a difference by asking their colleagues, friends, family and acquaintances to sponsor them with a donation to the cause.

## **How Do I Form a Team?**

Every team needs a captain. Team captains are the leaders who build excitement and help teams meet their fundraising goals.

A team size consists of 10 members or less. If you find that you have more than 10 people, form as many teams as you can!

Teams must be registered, so sign-up online to participate in the Race.

**Visit [www.wrncsn.org/race.html](http://www.wrncsn.org/race.html)**

Set goals as a team and communicate goals with everyone on your Team.  
Begin collecting pledges!

Team Leaders should facilitate accountability with the group, spend a couple of minutes of time checking in with other team members to see how their fundraising is going, offering help and assistance.